

## **EXPERT SCHEDULE DESCRIPTIONS EXP- 12 (2012/2013)**

### **E-12.01 HALF CLOVER LEAF**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line; push through a  $\frac{3}{4}$  loop into a horizontal line. Push through a  $\frac{3}{4}$  loop into a vertical downline, pull through  $\frac{1}{4}$  loop, exit upright.

### **E-12.02 STALL TURN.**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line; perform a stall turn into a vertical down-line. Pull through a  $\frac{1}{4}$  loop exit upright.

### **E-12.03 ROLL COMBINATION WITH CONSECUTIVE TWO $\frac{1}{4}$ ROLLS, TWO $\frac{1}{4}$ ROLLS IN OPPOSITE DIRECTIONS.**

From upright, perform consecutively two  $\frac{1}{4}$  rolls,  $\frac{1}{4}$  rolls in the opposite direction, exit upright.

### **E-12.04 HALF SQUARE LOOP WITH $\frac{1}{2}$ ROLL.**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line, perform a  $\frac{1}{2}$  roll, push through a  $\frac{1}{4}$  loop, exit upright.

### **E-12.05 TRIANGLE WITH ROLL**

From upright, push through a  $\frac{1}{8}$  loop into a 45deg down-line, push through a  $\frac{3}{8}$  loop into a horizontal line

Perform a roll, push through a  $\frac{3}{8}$  loop to 45 deg up-line push through a  $\frac{1}{8}$  loop, exit upright.

### **E-12.06 SPLIT S WITH $\frac{1}{2}$ ROLL.**

From upright perform a  $\frac{1}{2}$  roll and immediately pull through a  $\frac{1}{2}$  loop, exit upright.

### **E-12.07 45 DEG UPLINE WITH ONE SNAP ROLL.**

From upright, pull through a  $\frac{1}{8}$  loop into a 45 deg up-line, perform one snap roll, push through a  $\frac{1}{8}$  loop exit upright.

### **E-12.08 REVERSE TOP HAT $\frac{1}{4}$ ROLL DOWN, $\frac{1}{4}$ ROLL UP.**

From upright, push through a  $\frac{1}{4}$  loop into a vertical downline, perform a  $\frac{1}{4}$  roll, push through a  $\frac{1}{4}$  loop into an inverted horizontal line, push through a  $\frac{1}{4}$  loop into vertical up-line, perform a  $\frac{1}{4}$  roll, push through a  $\frac{1}{4}$  loop exit upright.

### **E-12.09 SPIN WITH THREE TURNS.**

From upright, perform an upright spin with three turns, perform a vertical down-line, pull through  $\frac{1}{4}$  loop, exit upright.

### **E-12.10 PULL PUSH HUMPTY-BUMP WITH $\frac{1}{4}$ ROLLS UP AND DOWN (OPTION TWO $\frac{1}{4}$ ROLLS UP.**

From upright, pull through a  $\frac{1}{4}$  loop into a vertical up-line perform  $\frac{1}{4}$  roll, push through a  $\frac{1}{2}$  loop into a vertical down-line perform a  $\frac{1}{4}$  roll, pull  $\frac{1}{4}$  loop exit upright.

Option from upright pull a  $\frac{1}{4}$  loop to a vertical up-line, perform two  $\frac{1}{4}$  rolls push through  $\frac{1}{2}$  loop to vertical down-line, pull through a  $\frac{1}{4}$  loop, and exit upright.

### **E-12.11 CUBAN EIGHT WITH ROLL.**

From upright, pull through a  $\frac{5}{8}$  loop into a 45 deg down-line, push through a  $\frac{3}{4}$  loop into another 45deg down-line perform a full, roll, pull through a  $\frac{1}{8}$  loop. Exit upright.

### **E-12.12 $\frac{1}{2}$ LOOP,**

From upright, pull through a  $\frac{1}{2}$  loop, exit inverted.

### **E-12.13 SQUARE LOOP.**

From inverted, pull through a  $\frac{1}{4}$  loop into a vertical down-line, pull through a  $\frac{1}{4}$  loop into a horizontal line pull through a  $\frac{1}{4}$  loop to a vertical up-line pull through a  $\frac{1}{4}$  loop ,exit inverted.

### **E-12.14 FIGURE NINE.**

From inverted, push through a  $\frac{3}{4}$  loop into a vertical down-line, pull  $\frac{1}{4}$  loop, exit upright.

### **E-12.15 ROLL COMBINATION WITH TWO CONSECUTIVE ROLLS ONE EACH IN OPP DIRECTION.**

From upright, perform Two Rolls, one each in opposite directions, exit upright.

### **E-12.16 HALF SQUARE LOOP ON CORNER.**

From upright, pull through a  $\frac{1}{8}$  loop into a 45deg up-line, pull through a  $\frac{1}{4}$  loop into a 45deg up-line pull through a  $\frac{1}{8}$  loop exit inverted.

### **E-12.17 FIGURE Z WITH $\frac{1}{2}$ ROLL.**

From inverted, pull through a  $\frac{3}{8}$  loop into a 45deg down-line  $\frac{1}{2}$  roll, then pull a  $\frac{3}{8}$  loop exit upright