



## SPORTSMAN

			K-Factor
1	U	Take Off (U = Upwind)	
2	U	DOUBLE IMMELMAN, half rolls	2
3	D	SLOW ROLL	3
4	U	TWO CONSECUTIVE LOOPS	3
5	D	TWO CONSECUTIVE ROLLS	3
6	U	TOP HAT with half roll up and down	3
7	D	TWO OUTSIDE LOOPS	4
8	U	SQUARE LOOP ON CORNER	3
9	D	INVERTED FLIGHT	2
10	U	STALL TURN, 1/4 roll up and down	2
11	D	CUBAN 8 with half rolls in the 45°s	3
12	U	TWO TURN SPIN	2
13	U	Landing	
			Total K: 30

1 - 2012

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## ADVANCED

			K-Factor
		Take Off	
1		Half Clover Leaf, push out first	3
2		Stall Turn	3
3		TWO of 4-Point Rolls in Opposite directions	4
4		Immelman Turn (1/2 loop, immediate 1/2 roll)	2
5		Triangle, 45° down & uplines, Full Roll across Bottom Leg	4
6		Split S (1/2 roll, immediate 1/2 loop)	2
7		45° Upline, One Snap Roll	5
8		Reverse Humpty Bump, 1/2 Roll in entry line. (1/2 roll, pull to vert down, pull 1/2 loop to vert up, push out)	2
9		Three-Turn Spin	4
10		Humpty Bump, 1/2 roll up, push in over the top OR: 1/4 roll up & down, push over the top	2
11		Cuban 8. Full Roll in second 45° Downline	5
12		Half Loop, exit inverted	1
13		Square Loop, exit inverted	3
14		Half Loop	1
15		Two Rolls, one each in opposite directions	4
16		Half Square Loop On Corner, exit inverted	3
17		Figure Z with Half Roll in the 45° Downline	4
		Landing	
			Total K: 52

January  
2012

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