

**FAI – F3A****P - 13**

	K - Factor
Take off	
<b>1 Half Clover Leaf.</b> <b>Push out, Full Roll across, Push in</b>	3
2 Stall Turn with Quarter Rolls Up and Down, exit inverted	3
<b>3 Three of 4-Point Rolls in Opposite, exit inverted</b>	4
4 Half Square Loop, Half-Rolls in Opposite in the upline	3
<b>5 Triangle with Full Roll in each leg</b>	4
6 Full-Roll Split-S, exit inverted	2
<b>7 45° Upline with 1 &amp; ½ Snap Roll</b>	5
8 Reverse Top Hat	4
¼ Roll down, push the bottom, ¾ Roll up	
<b>9 Spins, 2 &amp; ½ Turns in Opposite</b>	4
10 Humpty Bump, push the top. ¼ Rolls up & down OR 2 of 4-point UP only	3
<b>11 Cuban 8, Integrated Full-Roll over each top 90°</b>	5
12 Half Loop, exit inverted	1
<b>13 Square Loop with ½ Roll each leg, first in the downline exit inverted</b>	5
14 Figure 9, pushing up, Two Half - Rolls in the downline	3
<b>15 Roll Combo in opposite: ½ Roll, Full Roll, ½ Roll</b>	4
16 Half Square Loop on Corner, ¼ rolls in the 45° uplines, knife-edge through the 90°, exit inverted	3
<b>17 Figure Z, 4 of 8-Point in the 45° Downline</b>	4
Landing	

1-2012

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Total K: 60

**FAI – F3A****F - 13**

	K - Factor
Take Off	
<b>1 Humpty Bump, ¾ Roll Up, ½ Knife-edge Loop, ¾ Roll Down, exit inverted</b>	4
2 Half Square Loop, ½ Roll, Full Roll Opposite, exit inverted	3
<b>3 Loop, with Integrated Four Half-Rolls in Opposite exit inverted</b>	6
4 Figure 6 with Stall Turn. 2 of 4-Point Down	4
<b>5 ROLL Combo. ¼ Roll to Knife-edge, Snap Rolls in Opposite, (one each way) ¼ Roll</b>	6
6 Shark Fin, Full Roll in the 45° upline, 2 of 4-point down	3
<b>7 Horizontal 8, Consecutive Two Rolls</b>	5
8 Humpty Bump, 4-Point Roll Up, 1 & ½ Roll Down	3
<b>9 45° Upline, 4 of 8-Point, Opposite 1 &amp; ½ Snap</b>	5
10 Reverse Top Hat. ¾ Roll Down, invert bottom, ¼ Roll Up OR Full Roll Down, 2 of 4-Point Roll Up	3
<b>11 Clown Dance. Half Loop, 2 &amp; ½ Turn Inverted Spin, 2 of 4-Point Roll Down</b>	5
12 Fighter Turn. 45° Up, ¼ Roll, Push to 45° Down, ¼ Roll	4
<b>13 Knife-Edge Loop. ¼ Roll in entry &amp; exit lines, Integrated Full Roll over the top 90°</b>	4
14 Reverse Cuban 8, Snap Roll in the 45° Upline, exit inverted	4
<b>15 Triangle Loop, 2 of 4-Point in each leg</b>	4
16 Half Loop with Integrated Full Roll, exit inverted	3
<b>17 45° Down, in opposite: 2 of 8, Full Roll, 2 of 8</b>	4
Landing	

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Total K: 70

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2 Stall Turn with Quarter Rolls Up and Down, exit inverted	3
<b>3 Three of 4-Point Rolls in Opposite, exit inverted</b>	4
4 Half Square Loop, Half-Rolls in Opposite in the upline	3
<b>5 Triangle with Full Roll in each leg</b>	4
6 Full-Roll Split-S, exit inverted	2
<b>7 45° Upline with 1 &amp; ½ Snap Roll</b>	5
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¼ Roll down, push the bottom, ¾ Roll up	
<b>9 Spins, 2 &amp; ½ Turns in Opposite</b>	4
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<b>11 Cuban 8, Integrated Full-Roll over each top 90°</b>	5
12 Half Loop, exit inverted	1
<b>13 Square Loop with ½ Roll each leg, first in the downline exit inverted</b>	5
14 Figure 9, pushing up, Two Half - Rolls in the downline	3
<b>15 Roll Combo in opposite: ½ Roll, Full Roll, ½ Roll</b>	4
16 Half Square Loop on Corner, ¼ rolls in the 45° uplines, knife-edge through the 90°, exit inverted	3
<b>17 Figure Z, 4 of 8-Point in the 45° Downline</b>	4
Landing	

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Total K: 60

**FAI – F3A****F - 13**

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Take Off	
<b>1 Humpty Bump, ¾ Roll Up, ½ Knife-edge Loop, ¾ Roll Down, exit inverted</b>	4
2 Half Square Loop, ½ Roll, Full Roll Opposite, exit inverted	3
<b>3 Loop, with Integrated Four Half-Rolls in Opposite exit inverted</b>	6
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<b>5 ROLL Combo. ¼ Roll to Knife-edge, Snap Rolls in Opposite, (one each way) ¼ Roll</b>	6
6 Shark Fin, Full Roll in the 45° upline, 2 of 4-point down	3
<b>7 Horizontal 8, Consecutive Two Rolls</b>	5
8 Humpty Bump, 4-Point Roll Up, 1 & ½ Roll Down	3
<b>9 45° Upline, 4 of 8-Point, Opposite 1 &amp; ½ Snap</b>	5
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14 Reverse Cuban 8, Snap Roll in the 45° Upline, exit inverted	4
<b>15 Triangle Loop, 2 of 4-Point in each leg</b>	4
16 Half Loop with Integrated Full Roll, exit inverted	3
<b>17 45° Down, in opposite: 2 of 8, Full Roll, 2 of 8</b>	4
Landing	

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Total K: 70